Risk Classification and Public Health Management of Persons with Possible Exposure to Ebola and No Symptoms

PUBLIC INFORMATION LINE

1-844-836-8714

This is an evolving situation and recommendations are likely to change as new information becomes available. Updated information and guidance are available from the CDC at http://www.cdc.gov/vhf/ebola

> Updates from the North Carolina Division of Public Healthare available at http://www.ncdhhs.gov/ebola

Classification Criteria

NO IDENTIFIABLE RISK

- · Contact with a person with Ebola before the person developed . symptoms
- Contact with an asymptomatic person who had contact with person with Ebola
- Having been more than 21 days previously In countries designated by CDC as posing a risk for



· Having been in a In countries designated by CDC as posing a risk for Ebola exposure* and not having any other exposures as



Action Taken by Public Health

• No monitoring or restrictions recommended

In countries designated by CDC as posing a risk for Ebola exposure* within the past 21 days and having had no known exposures Having brief direct contact (e.g.,

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- shaking hands), while not wearing appropriate Personal Protective Equipment (PPE), with a person with Ebola while the person was in the early stage of disease
- Brief proximity, such as being in the same room for a brief period of time, with a person with Ebola while the person was symptomatic
- In countries designated by CDC as posing a risk for Ebola exposure' direct contact while using appropriate PPE with a person with Ebola while the person was symptomatic
- Processing blood or body fluids of a person with Ebola while the person was symptomatic while using appropriate PPE and standard biosafety precautions
- Traveled on an aircraft with a person with Ebola while the person was symptomatic

country designated by CDC as posing a risk for Ebola exposure*

AND NO KNOWN EXPOSURES



in early stage of Ebola



without appropriate PPE



direct contact while using appropriate PPE



countries without designation by CDC as exposure3



processing Ebola body fluids while the person was symptomatic while using appropriate PPE standard biosafety



aircraft travel with a person with Ebola while the person



Active Monitoring:

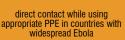
- Check temperature and symptoms every 12 hours
- · Contact with health department at least once daily

Direct Active Monitoring (in-person contact with health department at least once daily) for:

- U.S. based healthcare workers caring for symptomatic Ebola patients while wearing appropriate PPE
- Travelers on an aircraft with, and sitting within 3 feet of, a person with Ebola
- No restrictions on work or congregate gatherings
- Obtain local health department permission prior to public transportation or leaving the country

• In countries designated by CDC as posing a risk for Ebola exposure*: direct contact while using appropriate PPE with a person with Ebola while Close contact in households,

- the person was symptomatic
- healthcare facilities, or community settings with a person with Ebola while the person was symptomatic
 - Close contact is defined as being for a prolonged period of time while not wearing appropriate PPE within approximately 3 feet (1 meter) of a person with Ebola while the person was symptomatic





close contact in households, healthcare facilities, or community settings with a person with







without appropriate PPE and in close contact







Direct active monitoring

- The public health authority, based on a specific assessment of the individual's situation, will determine whether additional restrictions are appropriate, including:
 - Exclusion from long-distance commercial conveyances (aircraft, ship, train, bus) or local public conveyances (e.g., bus, subway)
 - Exclusion from public places (e.g., shopping centers, movie theaters), and congregate gatherings
 - · Exclusion from workplaces for the duration of a public health order, unless approved by the state or local health department (telework is permitted)
- · Any travel will be coordinated with public health authorities to ensure uninterrupted direct active monitoring
 - · Federal public health travel restrictions (Do Not Board) may be implemented based on an assessment of the particular circumstance
 - For travelers arriving in the United States, implementation of federal public health travel restrictions would occur after the traveler reaches the final destination of the itinerary

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Percutaneous (e.g., needle stick) or mucous membrane exposure to blood or body fluids of a person with Ebola

- Exposure to the blood or body fluids including but not limited to feces, saliva, sweat, urine, vomit, and semen) of a person with Ebola while the person was symptomatic without appropriate PPE
- Processing blood or body fluids of a person with Ebola while the person was symptomatic without precautions
- Direct contact with a dead body without appropriate PPE in a country with widespread Ebola virus
- Having lived in the immediate household and provided direct care to a person with Ebola while the person was symptomatic





without appropriate PPE





without appropriate PPE





lived in the immediate household and provided direct care to a person with Ebola







Direct active monitoring

- Public health authority will ensure, through orders as necessary, the following minimum restrictions:
 - Exclusion from all long-distance and local public
 - conveyances (aircraft, ship, train, bus, and subway)
 - Exclusion from public places (e.g., shopping centers, movie theaters), and congregate gatherings
 - Exclusion from workplaces for the duration of the public health order, unless approved by the state or local health department (telework is permitted)
- Non-congregate public activities while maintaining a 3-foot distance from others may be permitted (e.g., jogging in a park)
- Federal public health travel restrictions (Do Not Board) will be implemented to enforce controlled movement
- If travel is allowed, individuals are subject to controlled
- · Travel by noncommercial conveyances only
- · Coordinated with public health authorities at both origin
- Uninterrupted direct active monitoring

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